



Focus on ADHD

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Understanding ADHD: Parent FAQs

Do you ever feel like your child's behavior is out of control? Probably, most of you have at some point. Kids with ADHD, however, have behavior problems that are so frequent and severe that they interfere with their ability to live normal lives.

Learn more here about the symptoms and types of ADHD, as well as questions to ask your pediatrician if you have concerns.

Also In This Issue:

-  **Behavior Therapy for Children with ADHD**
-  **Help Your Child Enjoy Reading Aloud: Tips for Parents**
-  **Common Coexisting Conditions in Children with ADHD**
-  **Healthy Sleep Habits: How Many Hours**

Ask the Pediatrician:



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**I think my child may have ADHD.
How do I find out for sure?**

Involving Your Child in the Decision-Making Process:

Does Your Child Need?

- ⊕ **Common Symptoms of Hyperactivity/Impulsivity**
- ⊕ **Learning Disabilities: What Parents Need to Know**
- ⊕ **Diagnosing ADHD in Children: Guidelines & Information for Parents**
- ⊕ **Common ADHD Medications & Treatments for Children**
- ⊕ **What is a Developmental-Behavioral Pediatrician?**
- ⊕ **How to Reinforce Your Child's Learning**

In a **new report**, the AAP reminds parents that children, when cognitively able, should be involved in decisions about their own care. It's not just for the big decisions, either. Smaller decisions can have a big impact over time and can help in their understanding of their condition and treatments, reduce fear, and enhance self-confidence.



Here are 9 shared decision-making tips for parents of children with disabilities.

Facebook Live Event: Ask the Pediatrician

The AAP and Understood.org are teaming up for an *Ask the Pediatrician* Facebook Live event on **Mon Oct 23 at 1:00pm ET**. Ask questions and get answers about developmental and behavioral issues that can impact your child's learning and academic success.

RSVP here for a reminder!

Featured Video: Fostering Independence



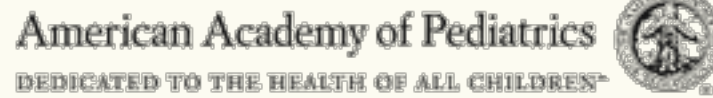
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The AAP is the world's largest publisher of pediatric content. [HealthyChildren.org](https://www.healthychildren.org) is the digital extension of the AAP mission to provide the most trustworthy health content to parents and caregivers at home, on the go, and from anywhere in the world.

The information contained on this newsletter and on [HealthyChildren.org](https://www.healthychildren.org) should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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