



Focus on Water, Skin & Fireworks!

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Stay Safe this 4th of July:

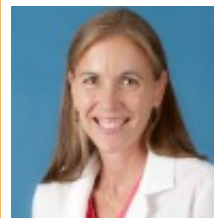
Summertime is here and in most places around the U.S., July 4th is going to be *hot, hot, hot!* If your plans include a day at the beach, barbecuing with friends, or watching the parade and fireworks, be sure to stock up on sunscreen and have your family drink plenty of water.

The American Academy of Pediatrics continues to urge families NOT to buy fireworks for their own use and to leave fireworks to the trained professionals. **Parents, get fireworks safety tips here.**

Also In This Issue:

- Summer Safety Tips: Staying Safe Outdoors**
- Protecting Children from Extreme Heat: Information for Parents**
- Choosing an Insect Repellent for Your Child**
- Sun Safety: Information for Parents About**

Ask the Pediatrician:



*By: Claire
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**My son gets carsick frequently.
What can I do?**

Grilling Out?

It's easy for curious little fingers to find their way to hot backyard grill and BBQ surfaces.



- + [Sunburn & Sunscreen](#)
- + [Signs of Dehydration in Infants & Children](#)
- + [Drowning Prevention: Information for Parents](#)
- + [Cuts, Scrapes & Scar Management: Parent FAQs](#)
- + [Water Safety: Tips for Parents of Young Children](#)
- + [Splinters and Other Foreign Bodies in the Skin](#)
- + [Finding a Pediatrician When Traveling](#)
- + [Backyard Safety](#)
- + [Bounce Houses: Safety Information for Parents](#)
- + [Swimming Pool Safety](#)
- + [Travel Tips](#)

Knowing how to treat burns is important!

See [First Aid for Burns: Parent FAQs](#) for more information.

Cool off with Kiwisicles!

Got friends coming over for the 4th? Kiwisicles are fun and easy to make for a crowd. [Here's the recipe.](#)



P.S. You can make “-sicles” with other fruit, of course: melon balls, strawberries, pineapple chunks.

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